



Royal Essentials

You've got about 60,000 miles of arteries, veins and capillaries inside your body. that is enough tubing to stretch around the world more than twice!

Each day your heart beats about 100,000 times. That is about 35 million times a year. Over the average lifetime the human heart will beat over 2.5 billion times pumping about 1 million barrels of blood. That is enough to fill 3 supertankers!

No wonder we stand in awe of the cardiovascular system. It delivers fresh oxygen from the lungs and nutrients throughout the entire body. This life sustaining system is central to our lives.

Royal Essentials, a nutritional supplement from Vollara, supports cardiovascular wellness. The natural, unpasteurized honey works as a carrying and protective agent for the Royal Jelly and other important ingredients in Royal Essentials.

Ingredient information

Royal Jelly is one of nature's most precious foods, prized for centuries for its rejuvenating properties. It is produced by bees for the nurture and development of the queen bee. It's fit for royalty!

Vitamin B 12 is delivered in the preferred form methylcobalamine in Royal Formula #1. B 12 is well known for its important role in energy production and the formation of healthy red blood cells.

Vitamin B 12 plays an important role in supporting healthy homocysteine levels. Homocysteine is an amino acid that builds up mostly as a result of eating meat.

Vitamin C is nutritional standout and well known wellness nutrient. It has several important roles within the human body including supporting healthy collagen production. Collagen is the protein that forms and helps to repair healthy blood vessels.

You won't believe how you feel after you incorporate Royal Essentials into your daily regimen! It comes in a natural unpasteurized honey base and contains 16,000 mg of Royal Jelly per bottle. Take just a teaspoon a day for maintenance.

Royal Essentials supports cardiovascular health and general wellness. It comes in a natural honey because the human body can absorb sugars orally. EDTA and SHMP can be absorbed and utilized well with the help of the natural sugars in honey. In one serving of Royal Essentials, there are only 5 calories. This Royal Jelly and honey formula is unsurpassed in its ability to uniquely support your wellness.

Royal Essential Features:

- Natural, unpasteurized honey
- Vitamin C
- 5 calories per serving

Vitamin B12
16,000 mg of Royal Jelly
Supports cardiovascular health

I have tried many ways to lower my blood pressure naturally with very little help until now. Even the blood pressure medicine I am taking was not helping much and recently they increase my prescription. I am shocked and amazed at what happened when I tried the new Royal Essentials from Vollara. My blood pressure dropped dramatically.

- I took my blood pressure on Saturday, March 8, 2014. It was 143/84 and I started taking the Royal Essentials the same day. Below are my readings
 - March 8 - 143/84 March 11 - 133/78 March 15 - 126/74
 - March 9 - 132/76 March 13 - 128/77
 - March 10 - 135/73 March 14 - 127/79
- It is March 22, 2014 that I am documenting what is happening to my Blood Pressure and today it is 128/77. Other good things have also happened to me with the Royal Essentials.
- I have had the restless leg syndrome and also cramping in my feet during the night for several years and that has disappeared. I no longer have swollen feet caused by BP medicine.
- On my motorcycle over the years I have experienced leg cramps when stopping at lights, etc. We went for a long ride March 22nd and the leg cramps have disappeared.
- April 23, 2014. MD Appointment. Doctor was very surprised with my blood pressure reading. The higher reading was 20 points lower than any checked in his office in the last 8 years (120/80). The edema caused by the BP prescription has disappeared. He wanted to know what I was doing. Also blood tests revealed my borderline diabetes readings were lower. He said I am looking forward to the tests in six months. About **10 months later (1/29/2015) blood sugar was 10% lower and blood pressure medication was changed. All other test results remain about the same.**
- On Jun 9, 2014: I have been struggling with a PSA that has kept rising over the last 3 years. I have tried many natural ways to lower it with no help. I had another test Friday and got the results today. My PSA has lowered 30%. My only change was adding the Royal Formula #1. I am very excited and the MD said no biopsy is needed.

June 27, 2014: Today I had my PSA follow-up office appointment. My MD explained that now my PSA was normal for my age. Also a percent free PSA test showed I had almost no chance of cancer. He set me up for a normal one year exam. Again the only change I have made is to include the Royal Essentials. I understand that one of the reasons for the PSA reduction is that the Royal Essentials reduces toxic metals that can raise the PSA. Actually it appears that the formula may have saved my life or at least saved me from some surgery.

Thank you Vollara

I am very pleased and excited with these results and highly recommend the Royal Essentials from Vollara.

Sincerely,



Harold Elmore